

Notice of Privacy Practices (Brief Version)

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY

Our commitment to your privacy

Our practice is dedicated to maintaining the privacy of your personal health information as part of providing professional care. We are also required by law to keep your information private. These laws are complicated, but we must give you this important information. This is a shorter version of the attached, full, legally required notice of privacy practices. Please talk to our privacy officer (see the end of this form) about any questions or problems.

How we use and disclose your protected health information with your consent

We will use the information we collect about you mainly to provide you with **treatment**, to arrange **payment** for our services, and for some other business activities that are called, in the law, **health care operations**. After you have read this notice we will ask you to sign a **consent form** to let us use and share your information in these ways. If you do not consent and sign this form, we cannot treat you. If we want to use or send, share, or release your information for other purposes, we will discuss this with you and ask you to sign an authorization form to allow this.

Disclosing your health information without your consent

There are some times when the laws require us to use or share your information. For example:

1. When there is a serious threat to your or another's health and safety or to the public. We will only share information with persons who are able to help prevent or reduce the threat.
2. When we are required to do so by lawsuits and other legal or court proceedings.
3. If a law enforcement official requires us to do so.
4. For workers' compensation and similar benefit programs.

There are some other rare situations. They are described in the longer version of our notice of privacy practices.

Your rights regarding your health information

1. You can ask us to communicate with you in a particular way or at a certain place that is more private for you. For example, you can ask us to call you at home, and not at work, to schedule or cancel an appointment. We will try our best to do as you ask.
2. You can ask us to limit what we tell people involved in your care or the payment for your care, such as family members and friends.
3. You have the right to look at the health information we have about you, such as your medical and billing records. You can get a copy of these records, but we may charge you for it. Contact our privacy officer to arrange how to see your records. See below.
4. If you believe that the information in your records is incorrect or missing something important, you can ask us to make additions to your records to correct the situation. You have to make this request in writing and send it to our privacy officer. You must also tell us the reasons you want to make the changes.
5. You have the right to a copy of this notice. If we change this notice, we will post the new version in our waiting area, and you can always get a copy of it from the privacy officer.
6. You have the right to file a complaint if you believe your privacy rights have been violated. You can file a complaint with our privacy officer and with the Secretary of the U.S. Department of Health and Human Services. All complaints must be in writing. Filing a complaint will not change the health care we provide to you in any way. Also, you may have other rights that are granted to you by the laws of our state, and these may be the same as or different from the rights described above. We will be happy to discuss these situations with you now or as they arise. If you have any questions regarding this notice or our health information privacy policies, please contact our privacy officer, who is and can be reached by phone at or by e-mail at

Name: _____

Date: _____

Patient -Therapist Telehealth Video Conferencing Information and Agreement

This agreement adds to the information and agreements from the Patient-Therapist Agreement which you have previously read and signed during your initial intake.

Virtual “face-to-face” sessions or VC (Video Conferencing) is a real-time interactive audio and visual technology that enables a clinician to provide mental health services remotely. Treatment delivery via VC may be a preferred method due to convenience, distance, or other special circumstances. The VC system used in my practice doxy.me meets HIPAA standards of encryption and privacy protection. You will not have to purchase a plan when you “join” an online meeting.

Instructions to sign in will be given to each client by their therapist or a staff member.

Please read and note that:

- There are many benefits and some risks of video-conferencing that differ from in-person sessions.
- Confidentiality agreements that are always integral to your care, are the same for telepsychology services.
- Recording of sessions is NOT permitted.
- A webcam or a smartphone needs to be used during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is imperative that no family member or friend is in hearing or visual proximity to you or to your electronic device during the session.
- It is important to have a secure internet connection rather than public/free Wi-Fi.

- In order to be punctual please set up for the appointment at least 5 minutes before it is due to begin. You will be admitted to a virtual waiting room.
- A back up plan in the event of technical problems may include restarting the session, or more likely supplementing with a phone for audio.
- Our safety plan includes at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- If you are not an adult, the permission and contact information of your parent or legal guardian is required for you to participate in telepsychology sessions.
- It is recommended that you confirm with your insurance company that video sessions will be reimbursed; if they are not reimbursed, you are responsible for full payment.
- As your therapist, I may determine that due to certain circumstances, telepsychology is no longer appropriate for you, and that we should resume our sessions in-person.

By signing this document, you are stating that you are aware that I may contact the necessary authorities in case of an emergency. You are also acknowledging that if you believe there is imminent harm to yourself or another person, you will seek care immediately through your own local health care provider or at the nearest hospital emergency department or by calling 911.

Below, please include the names and telephone numbers of your local emergency contacts (including local physician; crisis hotline; trusted family, friend, or confidant).

Physician or Psychiatrist Name & Contact Info:

Crisis Hotline or Crisis Center Phone #s:

Family Member Name & Relationship Contact Info:

Friend's Name and Contact Info:

Thank you

Your signature here below indicates that you have read and understood this Telehealth Informed Consent Agreement.

Client name: _____ **Date of birth** _____

Client signature _____ **Date** _____

If you are a minor:

Parent's name: _____

Parent's signature _____ **Date** _____

STATEMENT OF CONFIDENTIALITY

By participation in a program and/or by your presence at this facility, you will be privileged to certain confidential information regarding clients involved in the program.

Confidentiality, a right entitled to each client, begins at admission to a program or upon the making of a request for admission. Any and all information imparted to you during the time that you are at this facility and/or your knowledge of any person or persons here is strictly confidential. The privacy of our clients and their rights are to be treated with total confidentiality is protected by law. This disclosure of any information pertaining to a client and their treatment may be in direct violation of Federal Regulations and may be punishable by fine or imprisonment or both. By signing this statement of confidentiality, you are acknowledging that you have read, understand and agree to the terms stated above and that all information and the presence of others at this facility will remain confidential.

Client Signature

Date

Parent/Guardian Signature

CONFIDENTIALITY OF PATIENT RECORDS (42 CFR PART 2)

Your insurance company requires that patient consent be obtained by the provider including consent to disclose information to your insurance company for claims payment purposes and for the provision of healthcare operation activities as provided for in 42 CFR part 2. Part 2 regulations cover any information, including information on referral and intake about patients receiving diagnosis, treatment or referral for treatment for a substance use disorder, created by a part 2 program. By signing below, you are acknowledging you have read, understand and consent to have your information shared with your insurance company.

Client Signature

Date

Parent/Guardian Signature

Date

OUT OF NETWORK

Genesis Holistic Solutions is in network with the following insurance companies:

**Blue Cross Blue Shield
Beacon Health Options**

Any insurance outside of the listed companies above will NOT be billed by the facility. Genesis will provide a-superbill, for services rendered and paid, in order for the policy holder to submit through insurance. Genesis will NOT be responsible for the determination of decision for reimbursement. It is the responsibility of the card holder to contact their insurance company and clarify if an authorization is needed to file an out of network claim.

This is agreed upon with the policy holder that it will be their responsibility to seek reimbursement and/or coordinate with their claims department.

Genesis Representative

Date: _____



Drug Screening Payment Information

I am aware that Genesis Behavioral Health Services will submit the drug screen for payment on my behalf through my insurance company. I understand that it is my responsibility to understand what my insurance policy covers in reference to lab work.

I acknowledge that I am responsible for any payments owed to CPL Labs.

Client/Guardian

Date

Witness

Date



I, _____, understand that confidentiality is important for the therapeutic process to be successful. The information that is being discussed in group is to remain in group. Parents/Guardians will not be given specific information that is disclosed in the group, this includes drug use. However, if the client is at risk for self-harm, harming others or engaging in dangerous behavior (that will be the determination of the facilitator) this will be disclosed to the parent/guardian and the client will be transported to a higher level of care. It is the responsibility of the client to disclose to their parents the results of the drug screenings. This will take place in the office, phone or a copy of the screening will be given to the parent/guardian. The counselor will be present when the information is given to the parent/guardian to support the adolescent and being accountable.

INFORMED CONSENT FOR PROGRAM EVALUATION

Genesis Behavioral Health Services, LLC is interested in developing the highest quality programming possible, therefore, we are interested in evaluating program activities and services.

We are asking for your permission to include some or all of the following information in our evaluation efforts:

- Statements or comments that you may offer in response to interventions or programming
- Diagnosis, assessment measures, and/or evaluation forms
- Treatment goals
- Surveys or interviews about the program
- Overall satisfaction with the IOP experience

Your participation in program evaluation is completely voluntary. If you give your permission, you may withdraw your participation at any time without penalty. Your name or identifying information will not be attached to any report of program evaluation and all data used for program evaluation will be de-identified.

Your permission to include your responses in our evaluation of programming will assist us in providing you and subsequent clients with the highest quality programs and services. We do not anticipate that your participation in this program evaluation will include any greater risk than regular participation in an Intensive Outpatient Program. If you have any questions or concerns about program evaluation or would like to withdraw from program evaluation at any point (either completely or partially), please contact Tanya Stuart at tanstuart@gmail.com or notify a member of the Genesis clinical team.

By signing below, you are giving permission for your information as outlined above to be used in program evaluation for Genesis Behavioral Health Services, LLC.

Client Signature

Date

Parent/Guardian Signature

Date

CHIEF COMPLAINT

Presenting Problems: (check all that apply)

- | | | |
|---|--|---|
| <input type="checkbox"/> Very Unhappy | <input type="checkbox"/> Dependency on | <input type="checkbox"/> Suicide talk |
| <input type="checkbox"/> Irritable | <input type="checkbox"/> illegal, prescribed, over | <input type="checkbox"/> Lying |
| <input type="checkbox"/> Withdrawn | <input type="checkbox"/> the counter drugs | <input type="checkbox"/> Sexual trouble |
| <input type="checkbox"/> Daydreaming | <input type="checkbox"/> Temper outbursts | <input type="checkbox"/> School performance |
| <input type="checkbox"/> Fearful | <input type="checkbox"/> Disobedient | <input type="checkbox"/> Truancy |
| <input type="checkbox"/> Clumsy | <input type="checkbox"/> Infantile | <input type="checkbox"/> Bed-wetting |
| <input type="checkbox"/> Overactive | <input type="checkbox"/> Mean to others | <input type="checkbox"/> Soiled pants |
| <input type="checkbox"/> Slow | <input type="checkbox"/> Destructive | <input type="checkbox"/> Eating problems |
| <input type="checkbox"/> Short attention span | <input type="checkbox"/> Trouble with the law | <input type="checkbox"/> Sleeping problems |
| <input type="checkbox"/> Distractable | <input type="checkbox"/> Running away | <input type="checkbox"/> Sickly |
| <input type="checkbox"/> Lacks initiative | <input type="checkbox"/> Self-mutilating | <input type="checkbox"/> Tobacco use |
| <input type="checkbox"/> Undependable | <input type="checkbox"/> Head hanging | <input type="checkbox"/> Alcohol use |
| <input type="checkbox"/> Peer conflict | <input type="checkbox"/> Rocking | <input type="checkbox"/> Impulsive |
| <input type="checkbox"/> Phobic | <input type="checkbox"/> Shy | <input type="checkbox"/> Stubborn |
| | <input type="checkbox"/> Strange behavior | <input type="checkbox"/> Fire-setting |
| | <input type="checkbox"/> Strange thoughts | <input type="checkbox"/> Stealing |

How long have these problems occurred? (number of weeks, months, years)

What happened that makes you seek help at this time?

Problems perceived to be: very serious serious not serious

What are your expectations for your child in the program?

What changes would you like to see in yourself (parent)?

What changes would you like to see in your family?

Religion or cultural affiliations that may affect therapy?

What strengths does your child/family have?

What are you (and your family) already doing to improve the current situation? _____

Current Suicidal Ideation? **Yes** **No**

Current Suicidal Attempt? **Yes** **No**

History of Prior Suicide Attempts? **Yes** **No**

Current Self-Harming Behavior? **Yes** **No**

Current Homicidal Ideation? **Yes** **No**

Current Homicide Attempt(s)? **Yes** **No**

Current physically aggressive behavior or threats of physically aggressive behavior? **Yes** **No**

Current Psychosis? **Yes** **No**

Does the member have a current eating disorder? **Yes** **No**

Does the member have a current substance use disorder? **Yes** **No**

Is there a history of suicide in your child's immediate and/or extended family? **Yes** **No**
If yes, please explain:

Alcohol/Drug Assessment:

Does your child use tobacco or smokeless tobacco? **Yes** **No** **Do Not Know**

Does your child use alcohol or drugs? **Yes** **No** **Do Not Know**

RECENT LOSSES:

Family Member	Friend	Health	Lifestyle	Job	Income
Income	Housing	None			

Who? _____ **When?** _____ **Nature of loss?** _____

Other Losses: _____

Additional information (if needed):

Family Mental Health

Please identify if any members of your family have had a history of any of the following mental health/drug abuse/legal concerns.

Family History	Depression	Anxiety	Bipolar Disorder	Schizophrenia	ADHD/ADD	Trama History	Abuse Behavior	Alcohol Abuse	Drug Abuse	Incarceration
Self										
Mother										
Father										
Sister										
Brother										
Maternal Uncle										
Paternal Uncle										
Maternal Aunt										
Paternal Aunt										
Maternal Grandmother										
Paternal Grandmother										
Maternal Grandfather										
Paternal Grandfather										
Biological Child										

To your knowledge has your child ever used medication (prescription or over the counter) recreationally? Yes No Do Not Know

Please Explain:

Is your child currently being seen by a counselor? Yes No

If yes, name of current counselor _____

Length of treatment _____

Is your child currently being seen by a psychiatrist? Yes No

If yes, name of current psychiatrist _____

Length of treatment _____

Has your child ever been diagnosed with a mental health, emotional or psychological condition?

Yes No

If yes, what diagnosis was your child given?

When?

By Whom?

Has your child received counselling services or been hospitalized for mental health or drug and alcohol concerns in the past? Yes No

If yes, please list previous counseling/hospitalizations for mental health/drug and alcohol concerns below

Dates of Service	Place/Provider	Reason for Treatment	Were the services helpful

Name and telephone number of primary care doctor:

List child's special interests, hobbies, skills:

Has the child ever had difficulty with the police? (if yes, explain)

Yes

No

Has the child ever appeared in juvenile court? (if yes, explain)

Yes

No

Has the child ever been on probation?

Yes

No

From

To

Reason

Probation Officer

Has the child ever been employed?

Yes

No

Job

Employer

How long?

PARENT/CHILD RELATIONSHIP

Describe parenting your child (e.g. challenging, easy):

What do you find most challenging in parenting your child?

What kind of discipline works best with your child?

EDUCATION

Is your child currently enrolled in school? Yes No

Name of School _____

What grade is your child currently in (if summer, what grade is your child going into)?

How would you describe your child's attendance (currently)? (check ALL that apply)

Attending regularly Home-schooled Some truancy Alternative School

Expelled Dropped out GED program

How would you describe your child's achievements/grades in school?

How would you describe your child's attitude towards school/education?

Disciplinary or behavioral issues at school? Yes No If yes, describe:

Please check if your child has any of the following?

Special Education Accommodation or a 504? Please describe:

As Individual Educational Plan (IEP)?

Please describe:

Diagnosed Learning Disability?

Please describe:

Receiving special services at school?

Please describe:

Legal Issues?

Yes

No

N/A

Unknown

Support system?

Parents

Spouse/Partner

Behavioral Health Provider

Mother

Father

Other relative

Guardian

Sibling

Adult Children

Probation Officer

Employee Assistance Program

Other Sources of Support

None

Describe Support system/family identified above and how they will be integrated into the treatment plan:

Describe Current living situation and will this be the anticipated living situation at the time of discharge:

Describe any social/interpersonal functional concerns/impairment - including duration/frequency if applicable:

Describe any occupational/educational concerns/impairment - including duration/frequency:

What else do you feel is important for us to know?



Medication List

Medication	Dosage	Frequency



Credit Card Authorization Form

****The card will be charged in accordance with our office and cancellation policies.****

Today's date ____/____/____

Patient Name: _____

Credit Card Information

Name as is appears on the card: _____

Type of Card: ☐ VISA ☐ MASTERCARD ☐ DISCOVER ☐ AMERICAN EXPRESS

Credit Card Number _____

Expiration Date ____/____

Security Code BACK of Visa OR Master Card: (3 digits) _____

Security Code FRONT of Amex Card: (4 digits) _____

Credit Card Billing Address:

Street: _____

City: _____ State: _____

Zip Code: _____ Telephone: _____

****I hereby authorize this card to be used for payment of services rendered.**

Cardholder's Signature: _____ Date: ____/____/____

I hereby authorize this card to be used for payment of future services rendered (please sign again for future authorization):

Cardholder's Signature: _____ Date: ____/____/____



Consent to Release of Information

I _____ residing at:

Hereby give my consent for Genesis Behavioral Health Services to:
(Name of Provider)

1. Talk with and/or
2. Release written documentation

Regarding my treatment with _____
(Person or Agency receiving information)

I understand that my records are protected under HIPAA and Federal Regulation 42 CFR. Confidentiality of mental health and substance use, under the general laws of my state, cannot be redisclosed without my written consent, except when:

1. There is indication of child abuse or abuse of disabled adults,
2. Given the best clinical judgment, there is indication of danger to self or to others (suicidal or homicidal), or
3. Required to present records to comply with a court order.

I understand that federal and state laws and regulations do not protect any information about suspected child abuse or neglect from being reported to appropriate state or local authorities. I understand that state laws and regulations may require disclosure of information if there is indication of danger to myself or to others (suicidal or homicidal).

This authorization expires one year from today's date. I understand that I may revoke my authorization to release information at any time verbally or in writing, and such revocation will be effective on the date the revocation is received. In the event action has already been taken prior to said revocation, such prior actions are covered by the pre-existing release.

Client Signature

Date

Signature of Witness

Date



Genesis Assessment Packet: Parent

Outcome Rating Scale (ORS)

Name _____	Age (Yrs): _____
ID# _____	Sex: M / F
Session # _____	Date: _____

Looking back over the last week, including today, help us understand how you have been feeling by rating how well you have been doing in the following areas of your life, where marks to the left represent low levels and marks to the right indicate high levels.

Overall:

(General sense of well-being)

I-----I

Individually:

(Personal well-being)

I-----I

Interpersonally:

(Family, close relationships)

I-----I

Socially:

(Work, School, Friendships)

I-----I

Institute for the Study of Therapeutic Change

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Genesis Assessment Packet

Severity Measure for Depression—Child Age 11–17*

*PHQ-9 modified for Adolescents (PHQ-A)—Adapted

Name: _____ Age: _____ Sex: Male ☐ Female ☐ Date: _____

Instructions: How often have you been bothered by each of the following symptoms during the past **7 days**? For each symptom put an “X” in the box beneath the answer that best describes how you have been feeling.

						Clinician Use
						Item score
		(0) Not at all	(1) Several days	(2) More than half the days	(3) Nearly every day	
1.	Feeling down, depressed, irritable, or hopeless?					
2.	Little interest or pleasure in doing things?					
3.	Trouble falling asleep, staying asleep, or sleeping too much?					
4.	Poor appetite, weight loss, or overeating?					
5.	Feeling tired, or having little energy?					
6.	Feeling bad about yourself—or feeling that you are a failure, or that you have let yourself or your family down?					
7.	Trouble concentrating on things like school work, reading, or watching TV?					
8.	Moving or speaking so slowly that other people could have noticed? Or the opposite—being so fidgety or restless that you were moving around a lot more than usual?					
9.	Thoughts that you would be better off dead, or of hurting yourself in some way?					
Total/Partial Raw Score:						
Prorated Total Raw Score: (if 1-2 items left unanswered)						

Modified from the PHQ-A (J. Johnson, 2002) for research and evaluation purposes



Genesis Assessment Packet

Generalized Anxiety Disorder 7-item (GAD-7) scale

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all sure	Several days	Over half the days	Nearly every day
1. Feeling nervous, anxious, or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it's hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3
<i>Add the score for each column</i>	+	+	+	
Total Score (<i>add your column scores</i>) =				

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all _____
 Somewhat difficult _____
 Very difficult _____
 Extremely difficult _____

Source: Spitzer RL, Kroenke K, Williams JBW, Lowe B. A brief measure for assessing generalized anxiety disorder. *Arch Intern Med.* 2006;166:1092-1097.



Genesis Assessment Packet: Parent

Outcome Rating Scale (ORS)

Name _____	Age (Yrs): _____
ID# _____	Sex: M / F
Session # _____	Date: _____

Looking back over the last week, including today, help us understand how you have been feeling by rating how well you have been doing in the following areas of your life, where marks to the left represent low levels and marks to the right indicate high levels.

Overall:

(General sense of well-being)

I-----I

Individually:

(Personal well-being)

I-----I

Interpersonally:

(Family, close relationships)

I-----I

Socially:

(Work, School, Friendships)

I-----I

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Genesis Assessment Packet

LEVEL 2—Substance Use—Child Age 11–17*

*Adapted from the NIDA-Modified ASSIST

Name: _____ Age: _____ Sex: ☐ Male ☐ Female Date: _____

Instructions to the child: On the DSM-5 Level 1 cross-cutting questionnaire that you just completed, you indicated that during the past 2 weeks you have been bothered by “having an alcoholic beverage”; “smoking a cigarette, a cigar, or pipe or used snuff or chewing tobacco”; “using drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)”; and/or “using any medicine ON YOUR OWN, that is, without a doctor’s prescription, to get high or change the way you feel.” The questions below ask about these feelings in more detail and especially how often you have been bothered by a list of symptoms during the past two (2) weeks. Please respond to each item by marking (✓ or x) one box per row.

						Clinician Use
	Not at All	Less Than a Day or Two	Several Days	More Than Half the Days	Nearly Every Day	Item Score
During the past TWO (2) weeks, about how often did you ...						
a. Have an alcoholic beverage (beer, wine, liquor, etc.)?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
b. Have 4 or more drinks in a single day?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
c. Smoke a cigarette, a cigar, or pipe or use snuff or chewing tobacco?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
During the past TWO (2) weeks, about how often did you use any of the following medicines ON YOUR OWN, that is, without a doctor’s prescription or in greater amounts or longer than prescribed?						
d. Painkillers (like Vicodin)	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
e. Stimulants (like Ritalin, Adderall)	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
f. Sedatives or tranquilizers (like sleeping pills or Valium)	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
Or drugs like:						
g. Steroids	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
h. Other medicines	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
i. Marijuana	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
j. Cocaine or crack	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
k. Club drugs (like ecstasy)	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
l. Hallucinogens (like LSD)	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
m. Heroin	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
n. Inhalants or solvents (like glue)	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	
o. Methamphetamine (like speed)	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	

Courtesy of National Institute on Drug Abuse.

This Instrument may be reproduced without permission by clinicians for use with their own patients.



Self-Injury Craving Questionnaire (SICQ)

If you have ever self-injured frequently, please write the behavior you have performed most often on the line below (e.g., cutting, hitting, burning).

1. Regardless of whether I'm having a good day or a bad day, I would want to self-injure.

0 (strongly disagree) 1 (disagree) 2 (neither agree not disagree) 3 (agree) 4 (strongly agree)

2. There are days when my desire to self-injure is all I can think about.

0 (strongly disagree) 1 (disagree) 2 (neither agree not disagree) 3 (agree) 4 (strongly agree)

3. Just thinking about self-injure makes me crave it.

0 (strongly disagree) 1 (disagree) 2 (neither agree not disagree) 3 (agree) 4 (strongly agree)

4. I often spend time making plans about when I can self-injure next.

0 (strongly disagree) 1 (disagree) 2 (neither agree not disagree) 3 (agree) 4 (strongly agree)

5. When I am in a good mood, I often want to self-injure.

0 (strongly disagree) 1 (disagree) 2 (neither agree not disagree) 3 (agree) 4 (strongly agree)

6. Even when things are going well, I have trouble controlling the urge to self-injure.

0 (strongly disagree) 1 (disagree) 2 (neither agree not disagree) 3 (agree) 4 (strongly agree)

7. It would be easy to pass up the chance to self-injure, even when I am able to.

0 (strongly disagree) 1 (disagree) 2 (neither agree not disagree) 3 (agree) 4 (strongly agree)

Please note that email is not an entirely secure or confidential form of communication. Submitting this form via email to Genesis Behavioral Health Services DBA Holistic Solutions Center of Baton Rouge, constitutes understanding and implied consent of the risks of electronic communication.

*****If using Adobe to submit this form, simply click Submit Form and send using your default email application or webmail preference. If not using Adobe to submit this form, please save the completed form, attach it to a new email, and send to genesisoffice9@gmail.com. After either option, please check your sent email folder to confirm it has been sent.***